

Esparto High School

Department Of Athletics

Dear Student Athlete:

Welcome to Esparto High School and to our fine Athletic/Activity programs. Below is a list of forms that must be completed, signed, and submitted to the athletic office before you are clear to participate in interscholastic athletics.

1. Physical / Authorization for Use of Disclosure of Health Information Form

This form must have a **physician's signature** indicating you have received the state-required physical examination. **Insurance information must** be completed. Please don't forget parent and student signatures. This form can be found in the main office or @ www.espartok12.org

2. Proof of Health Insurance, Parent Consent, and Risk Warning

Every athlete must have health insurance. If you do not have health insurance, a low cost option is available through RISE. No insurance needs to be purchased if you have private insurance.

3. Handbook Acknowledgement Form

This form verifies that both student and parent have read and understand all policies that pertain to athletics at Esparto High School. Both student and parent signature must be completed. Areas of focus are as follows:

- ✓ **EHS Code of Conduct – Extracurricular Eligibility Policy**
- ✓ **CIF-North Section/EHS Code of Ethics in Sports**
- ✓ **Expectations of Athletes / Expectations of Parents**
- ✓ **Notice of Anabolic Steroid / Performance Enhancing Drug Use**
- ✓ **CIF-WHS Code of Conduct for Interscholastic Student-Athletes**
- ✓ **Principles of Pursuing Victory with Honor**

4. Academic Eligibility (Athletic office will verify.)

Minimum of 20 units passed previous semester and maintenance of a 2.0 GPA with no F's

5. Payment of All Outstanding Fines

6. Obtain Athletic Clearance slip

Best wishes for an enjoyable and successful year! If I can be of any assistance to you, please feel free to contact me.

Sincerely,

Keep this letter and return the attached Athletic Packet