

**Physical Education Grading Rubric**  
**Mr. Lorenson**



<b>Grade Earned</b>	<b>Attendance</b>	<b>Warm-Up</b>	<b>Participation</b>	<b>Fit Testing</b>	<b>Behavior</b>
A	Student misses 2 or less days per semester.	Student participates in all warm-up activities.	Student participates 100% everyday in the activity.	Student meets all standards of fitness tests.	Teacher never has to speak to student about behavior.
B	Student misses 3 or less days per semester.	Student participates in warm-ups, 4 out of 5 days per week.	Student participates 100% 4 out of 5 days per week in the activity.	Student meets all but 1 standard of fitness tests.	Student occasionally has to be reminded of their behavior.
C	Student misses 5 or less days per semester.	Student participates in warm-ups, 3 out of 5 days per week.	Student participates 100% 3 out of 5 days per week in the activity.	Student meets all but 2 standards of fitness tests.	Student has to be reminded of their behavior at least 1 out of 5 days per week.
D	Student misses 6 or less days per Semester.	Student rarely participates in warm-up activities.	Student rarely participates in the activity.	Student meets all but 3 standards of fitness tests.	Student has to be reminded of their behavior at least 2 out of 5 days per week.
F	Student misses 6 or more days per Semester	Student never participates in warm-up activities.	Student never participates in the activity.	Student does not meet any of the fitness testing standards	Student has to be reminded of their behavior everyday.

Grade you feel you deserve \_\_\_\_\_

Grade Received From Teacher \_\_\_\_\_