

Esparto High School

Physical Education

Push-up Rubric



Boys Score – Listed 1st in Blue

Girls Score – Listed 2nd in Pink

A	B	C	D	F
20-30 12-18	15-19 9-13	10-14 6-8	5-9 3-5	4 or less 3 or less
Student demonstrates 100% effort. Teacher Observation	Student demonstrates 90% effort. Teacher Observation	Student demonstrates 80% effort. Teacher Observation	Student demonstrates 70% effort. Teacher Observation	Student demonstrates 60% or less effort. Teacher Observation

Students will grade their peers based of the number rubric above. Teacher reserves the right to override students number/score grade based off their observation of the student's effort.